

Antipasto

Antipasto salad

lettuce, salami, olives, cheese, onions, tomatoes and croutons served with Italian dressing 4 / 7

Zuppa Pesce

fresh haddock chowder made with leeks and pancetta bacon bowl 5 / cup 4

Minestrone

traditional hearty Italian vegetable soup with bits of prosciutto bowl 5 / cup 3.50

Bruschetta

tomatoes marinated with balsamic, basil and garlic served on toasted basil focaccia with melted mozzarella 8

Alisa Salad

antipasto salad with the addition of gorgonzola, roasted red peppers and Foriana (a raisin, nut and pesto mix) 5 / 9.25 large

Salami E Formaggio

Italian cheeses, meats and bread served with fruit, olives, hummus and honey 12

Mozzarella Fritta

sliced mozzarella, breaded in Italian seasoning and fried in olive oil 9 / half 5.50

Zuppa del giorno

ask about our soup of the day bowl 5 / cup 3.50

Salads and Sandwiches

Mela Salad

a bed of mixed greens topped with apples, turkey, toasted nuts, pancetta and gorgonzola cheese, finished with homemade honey balsamic dressing 10

Insalata della Barbabietola

Roasted beets, goat cheese, toasted nuts with a honey balsamic dressing over a bed of greens 10

BLT Italian Style

made with pancetta (Italian bacon), sliced tomatoes, lettuce and pesto mayonnaise served on toasted basil focaccia bread 10 / 6 half

Sausage Panini

spicy sausage, caramelized onion, roasted red pepper, marinara and 4 cheeses in toasted flat bread 10

Turkey Breast Sandwich

smoked mozzarella, romaine lettuce, tomato, roasted red peppers and pesto mayonnaise on basil focaccia bread 10 / 6 half

Vegetable Panini

roasted eggplant, summer squash, tomatoes, red onion, and fresh spinach with house made hummus in a toasted flat bread 10

Chicken Impasta

breaded chicken baked with roasted red peppers, garlic and melted cheese served on toasted basil focaccia 10 / 6 half

Carne and Frutti di Mare

Gamberi Carciofi

large shrimp sautéed with artichokes hearts, lemon, garlic, olive oil and goat cheese over fedellini 12

Pescatore or Diavola

clams, shrimp, crab, scallops and mussels in a creamy ricotta and cream sauce with diced tomatoes or spicy mushroom onion sauce over linguine 12

Capesante Pasta

seared sea scallops sautéed with roasted red peppers, spinach, garlic butter and white wine over penne 13

Pesce Pancetta

fresh haddock baked with pancetta bacon, tomatoes, garlic, butter and white wine 11

Lasagna

stuffed with cheeses and meat sauce made with local beef layered among sheets of pasta 10

Carbonara

sautéed prosciutto with a creamy Parmesan sauce over fedellini 11

Seafood Lasagna

layered with clams, crab, shrimp and fresh haddock baked with white wine, pesto and four cheeses 12

Scampi

Northern Atlantic shrimp sautéed in a rich tomato and garlic sauce over linguine 11

Mussels Aglio

fresh PEI mussels in a delicious broth with arugula and gorgonzola over linguine 10

Bolognese Meat Sauce

a tomato meat sauce made with local beef, prosciutto, sausage, red pepper, carrots and onion served over linguine 10

Add meatballs or sausage

two "Italian grandmother style" meatballs, two spicy sausages or one of each 3.75

Chicken Parmesan

breaded chicken, fried in olive oil then baked with marinara and four cheeses over linguine 11

Vegetariano and Pasta e Sughhi

Primavera Puttanesca

a medley of vegetables with a tomato, caper, kalamata olive sauce over black rice 10

Butternut Ravioli

butternut squash stuffed ravioli topped with a toasted nut, raisin, garlic and olive oil sauce 11

Aglio Olio

olive oil, roasted garlic and herb sauce served with fedellini and fresh grated fontinella cheese 9.50

Pesto

basil, pine nut, olive oil and herbs 10

Foriana

a mix of pine nuts, garlic, almonds, walnuts, raisins and olive oil 10

Melanzana Parmigiana

lightly breaded eggplant sautéed in olive oil then baked with marinara and three cheeses 10

Verdura al Napoleon

layers of roasted eggplant, summer squash, tomatoes, onions and sweet red pepper flavored with olive oil over a bed of marinara 10

Marinara

tomato sauce with fresh herbs 9.50

Alfredo

creamy Parmesan sauce served with fettuccine 10