

## *Salads, Soups, Apps*

### **Antipasto salad**

lettuce, salami, olives, cheese, onions, tomatoes and croutons served with Italian dressing 6 / 10

### **Mela Salad**

a bed of mixed greens topped with apples, turkey, toasted nuts, pancetta and gorgonzola cheese, finished with homemade honey balsamic dressing 12

### **<sup>VEGAN</sup> Portabella Insulata**

warm balsamic marinated portabella mushrooms, roasted vegetables and toasted nuts with roasted garlic and olive oil over spinach 12

### **Mozzarella Fritta**

sliced mozzarella, breaded in Italian seasoning and fried in olive oil 10 / half 6

### **Zuppa del giorno**

ask about our soup of the day bowl 5 / cup 3.50

## *Sandwiches*

### **Turkey Breast Sandwich**

smoked mozzarella, romaine lettuce, tomato, roasted red peppers and pesto mayonnaise on basil focaccia bread 10 / 6 half

### **Chicken Impasta**

breaded chicken baked with roasted red peppers, garlic and melted cheese served on toasted basil focaccia 10 / 6 half

### **Portabella Sandwich**

portabella mushroom with pesto, spinach, tomato and cheese on basil focaccia bread 10 / 6 half

### **Alisa Salad**

antipasto salad with the addition of gorgonzola, roasted red peppers and foriana (a raisin and nut mix) 7 / 12

### **Bruschetta**

balsamic marinated tomatoes, basil and garlic served on toasted basil focaccia with melted mozzarella 10

### **Insalata della Barbabietola**

Roasted beets, goat cheese, toasted nuts with a honey balsamic dressing over a bed of greens 12

### **Zuppa Pesce**

fresh haddock chowder made with leeks and pancetta bacon bowl 5 / cup 4

### **Minestrone**

traditional hearty Italian vegetable soup with bits of prosciutto bowl 5 / cup 3.50

### **BLT Italian Style**

made with pancetta (Italian bacon), sliced tomatoes, lettuce and pesto mayonnaise served on toasted basil focaccia bread 10 / 6 half

### **<sup>VEGAN</sup> Vegetable Panini**

roasted eggplant, summer squash, tomatoes, red onion, and fresh spinach with house made hummus in a toasted flat bread 10

### **Italian panini**

salami, roasted red peppers, artichoke hearts, red onion, taleggio in toasted flatbread 10

## *Carne and Frutti di Mare*

### Scampi

Northern Atlantic shrimp sautéed in a rich tomato and garlic sauce over linguine 11

### Pesce Primavera

fresh haddock baked with roasted vegetables, garlic, tomato and white wine sauce over black rice 12

### Pesce Cipolle

fresh haddock baked with caramelized onions, taleggio, roasted garlic and olive oil 12

### Capesante Prosciutto

seared sea scallops, prosciutto, spinach, grape tomatoes, garlic butter and white wine over penne 13

### Carbonara

sautéed prosciutto with a creamy parmesan sauce over fedelini 11

### Chicken Parmesan

breaded chicken, fried in olive oil then baked with marinara and four cheeses over linguine 11

### Seafood Lasagne

layered with clams, crab, shrimp and fresh haddock baked with white wine, pesto and four cheeses 13

### Mussels Aglio

fresh PEI mussels in a delicious garlic broth with arugula and gorgonzola 11

### Pescatore

clams, shrimp, crab, scallops, mussels and diced tomato in a creamy ricotta and cream sauce over linguine 13

### Bolognese Meat Sauce

a tomato meat sauce made with local beef, prosciutto, sausage, red pepper, carrots and onion served over linguine 11

### Add meatballs or sausage

two "Italian grandmother style" meatballs, two spicy sausages or one of each 4

### Lasagna

stuffed with cheeses and meat sauce made with local beef layered among sheets of pasta 11

## *Vegetariano*

### <sup>VEGAN</sup> Primavera Puttanesca

a medley of vegetables with a caper, kalamata olive, tomato and roasted garlic sauce over black rice 11

### Melanzana Parmigiana

lightly breaded eggplant sautéed in olive oil then baked with marinara and three cheeses 10

### Pesto

basil, pine nut, olive oil and herbs 12

### <sup>VEGAN</sup> Marinara

tomato sauce with fresh herbs 10

### <sup>VEGAN</sup> Foriana

a mix of pine nuts, garlic, almonds, walnuts, raisins and olive oil 12

### <sup>VEGAN</sup> Verdura al Napoleon

layers of roasted eggplant, summer squash, tomatoes, onions and sweet red pepper flavored with olive oil over a bed of marinara 10

### Butternut Ravioli

butternut squash stuffed ravioli topped with a toasted nut, raisin, garlic and olive oil sauce 11

### <sup>VEGAN</sup> Aglio Olio

olive oil, roasted garlic and herb sauce 10

### Alfredo

creamy parmesan sauce 11

## PASTA CHOICES

fedelini (thin spaghetti), linguine, fettuccine, penne, whole wheat spaghetti, cheese tortellini