

# The Great Impasta

Est. 1984

## Soups & Apps

### Minestrone | 3/5

traditional hearty italian vegetable soup with prosciutto and spinach in a robust tomato broth

### Zuppa Pesce | 4/6

classic fish chowder with haddock, pancetta, prosciutto, potatoes, leeks and onions

### Mozzarella Fritta | 6/10

sliced and breaded in seasoned Italian breadcrumbs fried in olive oil and served over marinara sauce

### Bruschetta | 10

balsamic marinated tomatoes and four cheeses baked on basil focaccia bread

## Salads

### Antipasto | 6/10

mixed greens, salami, olives, cheese, onions, chick peas, tomatoes and croutons served with Italian dressing

### Insalata della Barbabietola | 7/12

fresh mixed greens, roasted beets, goat cheese, toasted nuts with honey balsamic dressing

### Alisa Salad | 8/12

house antipasto topped with gorgonzola cheese, foriana and roasted red peppers finished with Italian dressing

### Victoria Salad | 8/12

mixed greens, strawberries, turkey, toasted nuts, pancetta, gorgonzola and honey balsamic dressing

## Sandwiches

*sandwiches are served with a pickle and chips*

### Italian BLT | 10 / 6 HALF

crispy pancetta, tomato, lettuce and pesto mayonnaise on toasted basil focaccia bread

### Impasta Italian | 10 / 6 HALF

prosciutto, turkey, red pepper, onion, pepperoncini, arugula and Italian dressing on basil focaccia

### Vegetable Panini | 10

roasted eggplant, red pepper, zucchini, tomatoes, onion, spinach and house hummus on toasted flat bread

### Chicken Impasta | 10 / 6 HALF

breaded chicken, roasted red peppers, garlic and melted cheese, served on toasted basil focaccia bread

### Turkey Sandwich | 10 / 6 HALF

sliced turkey, smoked mozzarella, lettuce, tomato, red peppers and pesto mayo on toasted basil focaccia bread

### Aragosta Focaccia | 20

Maine lobster enrobed in a lemon garlic aioli, with arugula and tomatoes on toasted basil focaccia

## Carne

### Carbonara | 12

prosciutto sautéed in a creamy pamesan alfredo sauce served over capellini pasta

### Bolognese | 11

tomato meat sauce with local beef, sausage, prosciutto, carrots, red pepper and onion over linguine  
— add two meatballs or two Italian sausages \$4.00 —

### Lasagna | 12

baked with cheeses and meat sauce made with local beef, layered among sheets of pasta

### Chicken Parmesan | 11

breaded chicken fried in olive oil, thin sliced and baked with marinara and four cheeses, served over linguine  
— make it a sandwich instead, ask your server —

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## Fruitti di Mare

### Scampi | 11

northern Atlantic shrimp sautéed in a rich tomato and garlic herb sauce served over linguine

### Pescatore | 13

clams, shrimp, crab, scallops, mussels and diced tomatoes in a creamy ricotta sauce served over linguine

### Pesce Arancia | 12

haddock baked with fresh basil, cranberries, pecans, white wine and orange marmalade

### Capesante Prosciutto | 13

seared scallops, prosciutto, spinach, grape tomatoes, garlic butter and white wine over penne pasta

### Mussels Aglio | 11

fresh PEI mussels steeped in garlic and white wine, served with arugula and gorgonzola over linguine

### Pesce Cipolla | 12

haddock baked with caramelized onions, taleggio cheese, roasted garlic and olive oil

### Seafood Lasagna | 13

layered with clams, crab, shrimp and fresh haddock baked with white wine pesto and four cheeses

### Aragosta Fettuccine | 20

Maine lobster, peas, tomatoes in a garlic butter herb cream sauce served over fettuccine pasta

## Verdura

### Primavera Puttanesca | 11

a fresh vegetable medley with capers, olives, tomato and roasted garlic sauce served over black rice

### Melanzana Parmigiana | 11

lightly breaded eggplant sautéed in olive oil baked with marinara and four cheeses

### Butternut Squash Ravioli | 11

butternut squash filled ravioli topped with a mixed nut, raisin, garlic and olive oil sauce

### Verdura al Napoleon | 11

layers of roasted eggplant, squash, tomatoes, red peppers, and onions over a bed of marinara

## Gluten Free

### Gluten Free Bread | 2

hand sliced and served with our homemade aglio olio

### Primavera Pesto Marinara | 12

fresh primavera vegetables, marinara and pesto sauce served over gluten free pasta

### Gluten Free Lasagna | 12

rice pasta sheets, four cheeses and Bolognese sauce made with local beef, sausage and prosciutto

### Penne Alfredo | 11

brown rice penne with a creamy pamesan sauce

### Pizza Margarita | 12

ten inch thin crust with sliced tomato, four cheese, roasted garlic and olive oil

### Pizza Toscana | 12

ten inch thin crust with marinara, prosciutto, tomato, caramelized onion, four cheese and aglio

## Create Your Own Pasta

*Pasta Choices include capellini (thin spaghetti), linguine, fettuccine, penne, whole wheat spaghetti, gluten free penne and cheese tortellini (\$1)*

### Aglio Olio | 11

roasted garlic and herb olive oil

### Alfredo | 12

parmesan cream sauce

— add vegetables \$1, chicken \$2, or shrimp \$3 —

### Foriana | 12

toasted nut mixture with raisins, garlic and olive oil

### Marinara | 11

fresh tomato sauce with garlic and herbs

— add 2 meatballs or sausage \$4.00 —

### Pesto | 13

fresh basil, pine nuts, cheeses and olive oil