

The Great Impasta

Est. 1984

Soups & Appetizers

Minestrone | 4/6

traditional hearty Italian vegetable soup with onions, prosciutto and spinach in a robust tomato broth

Zuppa Pesce | 5/8

classic fish chowder with haddock, pancetta, prosciutto, potatoes, leeks and onions

Mozzarella Fritta | 6/10

sliced and breaded in seasoned Italian breadcrumbs fried in olive oil and served over marinara sauce

Bruschetta | 10

balsamic marinated tomatoes and four cheeses baked on rosemary focaccia bread

Insalata

add shrimp \$4, chicken \$5, or steak \$12

Antipasto Salad | 6/10

mixed greens, salami, olives, cheese, onions, chick peas, tomatoes and croutons served with Italian dressing

Caesar Salad | 7/11

romaine lettuce, parmesan cheese, croutons, and house made caesar dressing

Beet Salad | 8/12

fresh mixed greens, roasted beets, goat cheese and toasted nuts with honey balsamic dressing

Alisa Salad | 8/12

house antipasto topped with gorgonzola cheese, foriana and roasted red peppers finished with Italian dressing

Victoria Salad | 8/12

mixed greens, sliced strawberries, turkey, toasted nuts, pancetta, gorgonzola and honey balsamic dressing

Mediterranean Salad | 8/12

mixed greens, olives, tomatoes, chick peas, mozzarella, goat cheese, artichoke hearts and roasted red peppers with Italian dressing

Sandwiches

sandwiches are served with a pickle and chips

Italian BLT | 12 / 8 HALF

crispy pancetta, tomato, lettuce and pesto mayonnaise on toasted rosemary focaccia bread

Vegetable Sandwich | 12

roasted eggplant, red peppers, zucchini, squash, onions, spinach, and hummus on a toasted rosemary focaccia

Pollo Panini | 12

sliced breaded chicken, spinach, roasted red peppers, caramelized onion, cheese and aglio on a toasted flatbread

Chicken Impasta | 12 / 8 HALF

breaded chicken, roasted red peppers, garlic and melted cheese, served on toasted basil focaccia bread

Turkey Sandwich | 12 / 8 HALF

sliced turkey, smoked mozzarella, lettuce, tomato, red peppers and pesto mayo on toasted basil focaccia bread

Impasta Italian | 12 / 8 HALF

prosciutto, turkey, red pepper, onion, pepperoncini, arugula and Italian dressing on basil focaccia

Carne

Carbonara | 14

prosciutto sautéed in a creamy pamesan alfredo sauce served over capellini pasta

Bolognese | 13

tomato meat sauce with local beef, sausage, prosciutto, carrots, red pepper and onion over linguine
— add two meatballs or two Italian sausages \$4.00 —

Lasagna | 14

baked with cheeses and meat sauce made with local beef, layered among sheets of pasta

Chicken Parmesan | 14

breaded chicken fried in olive oil, thin sliced and baked with marinara and four cheeses, served over linguine
— make it a sandwich instead, ask your server —

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Fruitti di Mare

Scampi | 13

northern Atlantic shrimp sautéed in a rich tomato and garlic herb sauce served over linguine

GF Fruitti di Mare Risotto | 16

seared scallops and gulf shrimp with tomatoes and peas in a garlic butter wine sauce over cheese risotto

Capesante Prosciutto | 16

seared scallops, prosciutto, spinach, grape tomatoes, garlic butter and white wine over penne

Pesce Arancia | 15

haddock baked with fresh basil, cranberries, pecans, white wine and orange marmalade

Mussels Aglio | 13

fresh PEI mussels steeped in garlic and white wine, served with arugula and gorgonzola over linguine

Pescatore | 16

clams, shrimp, crab, scallops, mussels and diced tomatoes in a creamy ricotta sauce served over linguine

Seafood Lasagna | 16

layered with clams, crab, shrimp and fresh haddock baked with white wine pesto and four cheeses

Pesce al Forno | 15

haddock baked with sliced tomatoes, lemon, white wine and a butter crumb topping

Verdura

GF Primavera Puttanesca | 12

a fresh vegetable medley with capers, olives, tomato and roasted garlic sauce served over linguine pasta

Melanzana Parmigiana | 12

lightly breaded eggplant sautéed in olive oil baked with marinara and four cheeses

Butternut Squash Ravioli | 12

butternut squash filled ravioli topped with a mixed nut, raisin, garlic and olive oil sauce

V Verdura al Napolean | 12

layers of roasted eggplant, squash, tomatoes, red peppers, and onions over a bed of marinara

Gluten Free

Gluten Free Bread | 2

hand sliced and served with our homemade aglio olio

Gluten Free Lasagna | 15

rice pasta sheets, four cheeses and Bolognese sauce made with local beef, sausage and prosciutto

Pizza Margarita | 12

personal toasted flatbread with sliced tomato, four cheeses, roasted garlic and olive oil

Aragosta Risotto | 20

Maine lobster with mushrooms, diced tomatoes, peas, and garlic butter over creamy risotto

Create Your Own Pasta

Pasta Choices include capellini (thin spaghetti), linguine, fettuccine, penne, whole wheat spaghetti, gluten free penne and cheese tortellini (\$1)

V Aglio Olio | 11

roasted garlic and herb olive oil

V Puttanesca | 12

olives, capers, garlic, red pepper and marinara

V Marinara | 11

fresh tomato sauce with garlic and herbs
— add 2 meatballs or sausage \$4.00 —

Foriana | 14

toasted nut mixture with raisins, garlic and olive oil

Alfredo | 14

parmesan cream sauce

— add vegetables \$1, chicken \$2, or shrimp \$3 —

Pesto | 15

fresh basil, pine nuts, cheeses and olive oil